

MERRY CHRISTMAS

December 2023



Get YOUR SMILE in the end zone!

With the year coming to an end, we want to make sure your in the end zone with your smile! Following Dr. Donato's instructions during your treatment will help you get to that final point. Be diligent in the following:

- Wear your clear aligners 22+ hours a day
- Remember to use your elastic rubber bands as instructed
- Store your aligners in your case so you don't lose them
- Do not eat chewy, sticky or hard candies with braces
- Be sure to not miss your appointments, and remember to schedule your routine visits with Dr. Donato

As we celebrate the holidays, our team feels very lucky to have patients like you. May you be blessed with a new year full of health, wealth, happiness, and success!
Merry Christmas and Happy Holidays from Dr. Donato and the OSPC team!

Sugar Cookies!

Once baked, sugar cookies are the ideal brace treat! Top them with your favorite icing but be careful when decorating. Sprinkle options can make the brace friendly treat too crunchy and can cause a bracket to pop off.

Toys for Tots

- Donate unopened toys and books
- Ends December 14th in our Metuchen location
- Ends December 18th in our Staten Island location

Flex Spending

As we near the end of the year, remember to use your Flex Spending Account funds as a down payment or to lower monthly payments for a family member's orthodontic treatment.